

## BED BUG TREATMENT PREP

The following is a list of what to do before, during (between) and after Bed Bug inspections/treatments until your apartment is cleared.

1. Wash clothing on a regular basis. Once clothing has been worn, put used clothing in a new plastic air tight bag and do not open until you are putting the clothes inside the washer. Throw away the bag that you brought your dirty clothes to the washer in an outside dumpster, do not place them in the trash can beside the washers or dryers.
2. Once clothing has been washed and dried put your clean clothing in a new plastic air tight bag and do not open that bag until you are ready to wear those clothes.
3. Wash all bedding on a regular basis, once a week. To reduce the amount of bed bugs in and around your bed area.
4. Do not keep bed bugs alive in jars or containers. If you see bed bugs crawling on you or in your apartment kill them.
5. Sweep and mop your floors on a daily basis. This way you will be able to kill any bed bugs that you are able to sweep up.
6. **DO NOT** remove any furniture out of your apartment without calling in a work order for maintenance to remove that furniture for you. **(Furniture will be wrapped & removed after a treatment has been done).**
7. **Do NOT** store any other tenants property at your apartment and do not ask any other tenant to keep/store any of your property at their apartment.
8. Do NOT pick bed bugs off of your clothing and discard them on the floor of the community rooms. Kill them and throw them away in an outside garbage can.
9. If you have any questions in regards to preparing yourself for a bed bug treatment, inspection or everyday questions they should be directed to your Housing Authority Complex Manager.
10. If you are not prepared for treatment, you may be charged for follow up visits after the initial treatment.

**(ONCE TREATMENT IS SCHEDULED DO NOT CANCEL THE LONGER THE WAIT THE HARDER IT IS TO TREAT. Infestations only grow with Time)**

## Preparation for German Roach Treatment Checklist

- Vacuum carpets and perimeter of all rooms.
- Empty any infested dressers, night table drawers & closets, so that the technician can spray the undersides of the furniture.
- Remove all dishes and utensils from cabinets, drawers and shelving in kitchen and bathrooms.
- Clear floor and shelf surfaces (including closets) of toys, papers, loose articles, etc.
- Vacate the premises during the treatment and do not re-enter for at least 4 hours after the treatment has been completed.

Proper sanitation, effectively limits cockroach populations. Do not leave unwashed dishes, kitchen utensils and uncovered food out overnight. Clean up all spilled liquids. Areas beneath and behind cabinets, furniture, sinks, stoves and refrigerators should be cleaned often, as should cupboards, pantry shelves and storage bins where particles of food frequently accumulate. Kitchen waste and excess refuse should be kept in cockroach proof containers and disposed of as frequently as possible. Dry pet food should be stored in air tight containers away from the kitchen and other foods. If pets are fed indoors, left-over foods should not be allowed to remain in the feeding dish overnight.

Expect to see German roaches for up to 10-12 days as a result of eggs hatching.